

# RIVER, LANDSCAPE AND LIVED TIME

## LIMA VALLEY

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## 5 NOITES

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### OVERVIEW

This programme proposes a way of experiencing the territory through time and attention.

WWG structures the experience not as a sequence of activities, but as a rhythm – between lightly guided moments and autonomous exploration, where the place reveals itself progressively.

In the Lima Valley, the experience shifts from observation to presence. The territory is not something to be covered – it is inhabited over time.




## PROGRAMME STRUCTURE

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### DIA 0 – ARRIVAL

- Check-in at the accommodation
- Free time to settle into the place
- Dinner at leisure

 A gradual entry into the rhythm of the territory

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### DAY 1 – LIMA RIVER & ARCOS DE VALDEVEZ

→ **Morning: Lima River Margins**

- Free walk along the riverside
- No fixed distance or duration
- Possibility of a picnic by the river

→ **Afternoon: Arcos de Valdevez**

- Historic centre and riverside area
- Reading of Baroque architecture and urban structure
- Paço de Giela
- Science Centre
- Walk along the Vez River

 First layer of perception – from river to built form

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## 🌿 DAY 2 – PENEDA-GERÊS & LIMA RIVER

(self-guided or lightly supported)

→ **Choice of one or a gentle combination of experiences:**

### **Option A – Peneda-Gerês (Mezio & Soajo)**

- Entry through the Mezio Gate
- Biological park and light walking trail
- Lunch in Soajo
- Understanding of community organisation

### **Option B – E-Bike (Lima Valley / National Park)**

- Electric bike route
- Active reading of landscape and topography
- Flexible pace of movement

### **Option C – Lima River (Kayak or SUP)**

- Experience on the river
- Direct relationship with the water plane
- A horizontal perspective of the territory

### **End of day**

- Return to the accommodation
- Dinner at leisure

🌿 **Guided autonomy – the territory as practice**



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## 🌿 DAY 4 – STAYING

→ Slow morning – extended breakfast

→ Return to the Lima river margins

→ **Conscious repetition:**

- Revisiting a riverside or ecovia space
- Or extending one of the Day 2 experiences
- Alternative: historic centre of Ponte de Lima

🌿 **Repetition as deepening – the territory becomes internalised**

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## 🌿 DAY 3 – SISTELO & VINHO VERDE LANDSCAPE

→ **Sistelo – Cultural Landscape**

- Village of Sistelo
- WWG interpretative walk
- Reading of terraces and human-land relationship
- Simple tasting of local products

→ **Lunch**

- Unhurried, open-ended time
- A rhythm of presence and continuity

→ **Lima Valley – Vine & Landscape**

- Cerqueiral Estate
- Walk through the vineyards
- Understanding the vine cycle and agricultural landscape
- Wine tasting
- Live music (acoustic format – fado or light ensemble)
- Long, continuous convivial time

🌿 **From landscape to expression – sensory continuity**

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## 🌿 DAY 5 – DEPARTURE

→ Breakfast

→ Departure

🌿 **No formal closure – continuity of the experience**



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