

LANDSCAPE, VINEYARD AND MOUNTAIN

LIMA VALLEY, ALTO VEZ AND NATIONAL PARK

5 NIGHTS



CONTEXT

This programme proposes a way of experiencing the territory through time and attention.

WWG structures the experience not as a sequence of activities, but as rhythm — between guided moments and autonomous exploration — allowing the place to reveal itself progressively.

In the Lima Valley, the experience shifts into presence: the territory is no longer traversed, but inhabited over time.


Between landscape, vineyard, river and community, a continuous relationship unfolds, where time ceases to organise the experience and becomes part of it.



PROGRAMME STRUCTURE

DIA 0 — ARRIVAL

- Check-in at the accommodation
- Free time to settle into the place
- Dinner at leisure

 A gradual entry into the rhythm of the territory


DAY 1 — LIMA RIVER AND ARCOS DE VALDEVEZ

MORNING: LIMA RIVER MARGINS

- Free walk along the riverside
- No fixed distance or duration
- Possibility of a picnic by the river

AFTERNOON: ARCOS DE VALDEVEZ

- Historic centre and riverside area
- Reading of Baroque architecture and urban structure
- Paço de Guela
- Science Centre
- Walk along the Vez River

 First layer of perception — from river to built form

DAY 2 – LIMA VALLEY & PENEDA-GERÊS

(self-guided or lightly supported)

→ Choice of one or a gentle combination of experiences:

OPTION A – PENEDA-GERÊS (MEZIO & SOAJO)

- Entry through the Mezio Gate
- Biological park and light walking trail
- Lunch in Soajo
- Understanding of community organisation

OPTION B – E-BIKE (LIMA VALLEY / NATIONAL PARK)


- Electric bike route
- Active reading of landscape and topography
- Flexible pace of movement

OPTION C – LIMA RIVER (KAYAK OR SUP)

- Experience on the river
- Direct relationship with the water plane
- A horizontal perspective of the territory

End of day

- Return to the accommodation
- Dinner at leisure

 Guided autonomy – the territory as practice



DAY 4 – STAYING

→ Slow morning – extended breakfast


→ Return to the Lima river margins

Conscious repetition:

- Revisiting a riverside or ecovia space

Alternative:

- Historic centre of Ponte de Lima

 Repetition as deepening – the territory becomes internalised

DAY 3 – SISTELO AND VINHO VERDE LANDSCAPE

SISTELO – CULTURAL LANDSCAPE

- Village of Sistelo
- WWG interpretative walk
- Reading of terraces and human-land relationship
- Simple tasting of local products

LUNCH

- Unhurried, open-ended time
- A rhythm of presence and continuity

LIMA VALLEY – VINE & LANDSCAPE

- Cerqueiral Estate
- Walk through the vineyards
- Understanding the vine cycle and agricultural landscape
- Wine tasting
- Live music (acoustic format – fado or light ensemble)
- Long, continuous convivial time

 From landscape to expression – sensory continuity

DAY 5 – DEPARTURE

→ Breakfast

→ Departure

 No formal closure – continuity of the experience



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