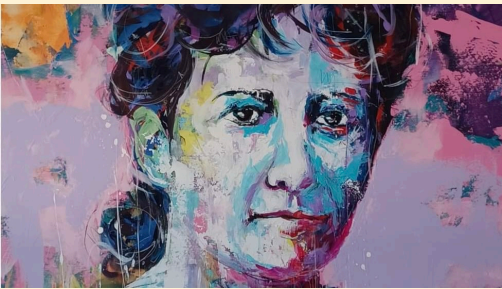


PRESENCE — JÚLIA LABOURDONNAY

TIME, SPACE, AND ATTENTION




5 NIGHTS

OVERVIEW

A stay for those seeking time, space, and enough distance to create – or simply to engage with a place in a more open and continuous way.

Sistelo does not require a defined path; it asks for presence, repetition, and attention.

This proposal draws on the figure of the **Viscountess of Sistelo, Júlia Labourdonnay Gonçalves Roque**, whose artistic practice, developed in Paris at the turn of the 20th century, introduces a symbolic dimension to the place.

 This is not a programme of activities, but a way of structuring time and attention – allowing for a deeper relationship with the territory.

PROGRAMME STRUCTURE

DAY 0 — ARRIVAL

Arrival and settling in.

A first, open contact with the village.

Brief WWG introduction:


- Essential orientation
- Initial points for reading and interpreting the territory

 A gradual entry, without fixed structure

DAY 1 — FIRST ORIENTATION

Initial WWG moment (2h30–3h):

- Accompanied walk
- Introduction to the territory
- Suggestions for moving through and observing
- Key reference points for the following days
- Tasting of local products.

 Remaining time at leisure



DAYS 2, 3 & 4 – OPEN TIME

Unstructured days.

The focus shifts from discovery to presence, from guidance to autonomy.

Each participant shapes their own rhythm – alternating between walking, pausing, and returning to previously visited places.

Suggested walks and paths:

- Village paths and connections between hamlets
- Vez ecovia and riverbanks
- Estrica viewpoint (a wide reading of the valley)
- Terraces Trail (Church → Padrão → Porto Cova)
- Longer trails (Alto Vez / Glaciár), when appropriate

WWG presence (discreet)

A brief moment mid-stay, adapted to the group's rhythm:

- Informal conversation
- Sharing impressions
- A few additional perspectives

No fixed structure

No obligation to participate

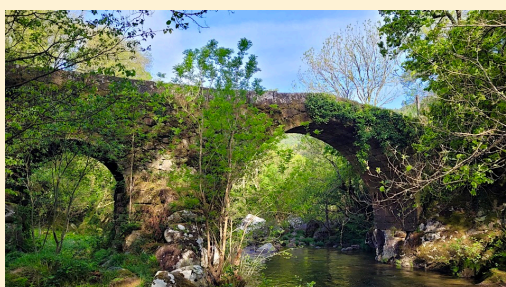
What matters happens beyond the guided moments

DAY 5 – DEPARTURE

Final contact with the territory

Departure without formal closure

The experience remains open



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