

HERITAGE, SEA AND MOUNTAIN

RIBEIRA LIMA



5 NIGHTS

OVERVIEW

A programme conceived from Ponte de Lima as its central axis – the oldest village in Portugal and a privileged point of reading of the sub-region.

The experience articulates four dimensions of the territory: the historical heritage of Ponte de Lima, the Atlantic city of Viana do Castelo and the Santuário de Santa Luzia, the Citânia de Santa Luzia, a pre-Roman settlement, and the transition towards two systems of cultural and natural landscape: Sistelo and Soajo.

Rather than a sequence of visits, this is a continuous reading of a territory where river, sea, mountain and human presence are organised across different scales.



PROGRAMME STRUCTURE

DAY 1 – ARRIVAL | PONTE DE LIMA

Arrival, check-in and first contact with **Ponte de Lima**

Exploration of the town:

- historic centre
- medieval bridge
- banks of the Lima river
- museums and urban structure

Brief WWG framing (indirect):

- reading of the territory
- introduction to the layers of the experience (village / coast / mountain / cultural landscape)

A gradual entry, centred on the scale of the Lima valley

DAY 2 – VIANA DO CASTELO | CITY, SEA AND ARCHAEOLOGY

Viana do Castelo

Walking exploration

Suggestions:

- historic centre
- city–river–ocean relationship
- ascent to the Santuário de Santa Luzia (viewpoint)

Essential visit: Citânia de Santa Luzia

- reading of the pre-Roman castro settlement
- understanding ancient forms of inhabiting the territory

From the Atlantic to pre-Roman time



🌿 DAY 5 – PONTE DE LIMA | RETURN TO THE VALLEY

Return to Ponte de Lima

Free day

Suggestions:

- walks along the Lima river
- surrounding villages
- wine estates in the Vinho Verde region
- viewpoints over the valley

🌿 Re-reading the territory through continuity

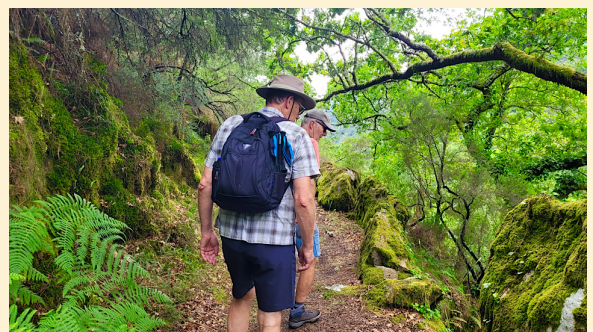


🌿 DAY 6 – DEPARTURE

Departure

No formal closure

🌿 The experience continues beyond the journey



🌿 DAY 3 – SISTELO | CULTURAL LANDSCAPE

Sistelo (full day or extended half-day)

WWG moment (half-day):

- reading of the terraced landscape
- relationship between human labour and territorial form
- short interpretative walk

Simple tasting

Remaining time at leisure

🌿 Entry into a constructed, continuous and cultivated landscape

🌿 DAY 4 – SOAJO | MOUNTAIN AND COMMUNITY

Soajo (full day or extended half-day)

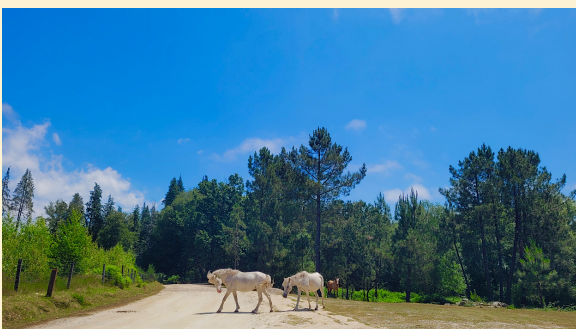
WWG or local partner moment (half-day):

- reading of the village and granaries
- community organisation
- relationship between mountain, water and rural life

Self-guided exploration:

- natural lagoons
- short trails
- immersion in the landscape

🌿 From constructed landscape to communal landscape



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