

SISTELO — CULTURAL LANDSCAPE

A PLACE TO REMAIN

PROGRAMME STRUCTURE

DAY 0 — ARRIVAL | ENTERING THE PLACE

Arrival and settling in.
A first contact, intentionally left open.

A brief WWG introduction:

- Essential orientation
- Initial points of reference

A gentle beginning, without urgency

DAY 1 — ORIENTATION AND FIRST WALKS

A first approach to the territory.

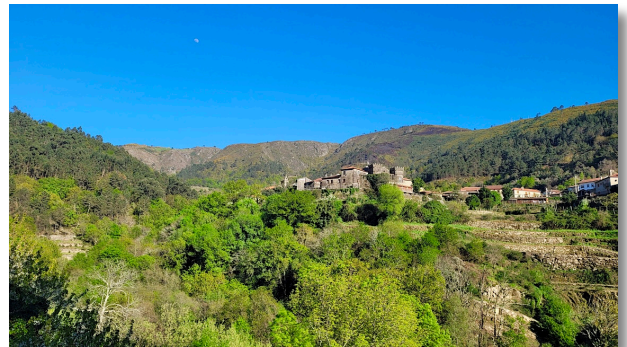
WWG Moment (2h30–3h):

- Guided walk and initial reading of the landscape
- How to move through the territory
- Where to pause, how to observe
- Simple tasting of local products
- The rest of the day remains open for independent exploration

Suggestions:

- Short walks through the village paths
- Estrica viewpoint trail (a first wide reading of the valley and terraced landscape)

The beginning of an immersive relationship with the place 



4 nights

An experience shaped through staying, repetition, and the gradual development of a relationship with the territory.

Sistelo does not reveal itself immediately. It unfolds over time — not through the accumulation of moments or discoveries, but through returning, revisiting, observing again, and slowly beginning to recognise.

Little by little, the place becomes familiar, creating a quiet sense of resonance and connection.



🌿 DAY 2 – INDEPENDENT EXPLORATION

An open day, centred on walking and a controlled sense of drift

Suggested routes:

- Socalcos Trail (Church → Padrão → Porto Cova → return)
- Extended pauses for observation

Variations:

- More demanding: Glaciár and Alto Vez trail
- Lighter option: partial access by car + walking between viewpoints

End of day – brief WWG moment:

- Informal sharing
- A first synthesis of the experience
- Descent to the banks of the Vez River

The territory begins to take on coherence and meaning 🌿

🌿 DAY 3 – REPETITION AND DEEPENING

Morning at leisure

Suggestions:

- Vez ecovia
- Returning to previously explored places

Afternoon with WWG:

- Reading the village as a cultural landscape
- Relationships between community, labour, and territory
- Forms of mutual support and local organisation
- Subtle parallels with contemporary contexts
- Visit to the Interpretive Centre (when relevant)
- Local references: stories, life paths, transformations
- Integrated sensory moment: simple tasting within the experience

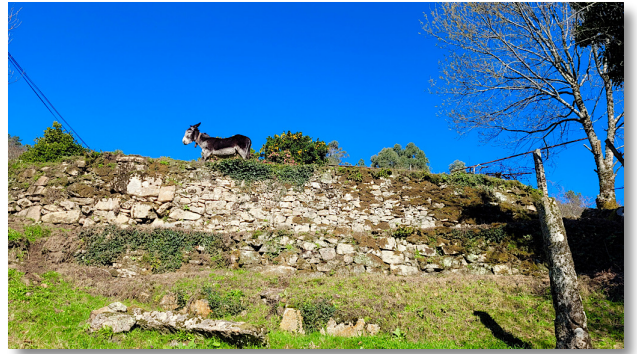
Late afternoon at leisure

Suggestions:

- Riverbanks / ecovia
- observing shifts in light and atmosphere

The place becomes familiar 🌿

Optional suggestion: dinner at a local restaurant



🌿 DAY 4 – OPEN ENDING

Unstructured time
No formal proposals

- Walking
- Staying
- Returning



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